



AVACADO ALMONDS CHOCOLATE SOYA



Prep Time  
**5 Minutes**



Cook Time  
**5 Minutes**



Serves  
**1-2**

**NOTE:** To serve more people just increase as needed!

### Ingredients

1x Medium Avocado  
1x Heaping Tablespoon of RESTORE™ Chia  
1x Glass of Soy Milk  
1x Glass of Water  
1x Tablespoon of Hershey's chocolate Sauce  
1x (or 2x) Teaspoons of Coconut Oil  
Handful of Almonds  
1/2 Cup of Ice

### RESTORE™ Tip

#### Want extra nutritious? Extra delicious?

Add a tablespoon of Greek yoghurt!

#### Making for Kids?

Add a tablespoon of honey!

We hope you enjoyed this SUPER nutritious, SUPER delicious drink. Cheers to your health!

### Instructions

- 1) Place all ingredients into a blender.
- 2) Blend for 15 - 20 seconds.
- 3) Pour into a glass.
- 4) Enjoy!