



Prep Time  
**5 Minutes**



Cook Time  
**5 Minutes**



Serves  
**1-2**

**NOTE:** To serve more people just increase as needed!

## Ingredients

1x Banana  
8x Strawberries  
1x Heaping Tablespoon of RESTORE Chia  
1x Glass of Water  
1x Teaspoon of Coconut Oil  
1/2 Cup of Ice

## RESTORE™ Tip

### Want extra nutritious? Extra delicious?

Add an extra teaspoon of virgin coconut oil or honey!

We hope you enjoyed this SUPER nutritious, SUPER delicious drink. Cheers to your health!

## Instructions

- 1) Place all ingredients into a blender.
- 2) Blend for 15 – 20 seconds.
- 3) Pour into a glass.
- 4) Enjoy!