



**RestoreMalaysia.com**  
Our mission: Restore the health of Malaysia



Prep Time  
**5 Minutes**



Cook Time  
**5 Minutes**



Serves  
**1-2**

**NOTE:** To serve more people just increase as needed!

### Ingredients

1x Banana  
Handful of Almonds  
1x Heaping Tablespoon of RESTORE Chia  
1x Tablespoon Hershey's Chocolate Syrup  
1x Tablespoon of Honey  
1/2 Glass of Soy Milk  
1/2 Glass x Glass of Water  
1/2 Cup of Ice

### RESTORE™ Tip

We hope you enjoyed this SUPER nutritious, SUPER delicious drink. Cheers to your health!

### Instructions

- 1) Place all ingredients into a blender.
- 2) Blend for 15 – 20 seconds.
- 3) Pour into a glass.
- 4) Enjoy!