



RestoreMalaysia.com
Our mission: Restore the health of Malaysia



Prep Time
5 Minutes



Cook Time
5 Minutes



Serves
1-2

NOTE: To serve more people just increase as needed!

Ingredients

4x Heaping Tablespoon of RESTORE Chia
2x Tablespoons of Chopped Jackfruit (or any fruit)
1x Chopped Banana
Handful of Raisins
Handful of Raw Almonds
1x Tablespoon of Honey
Pinch of Cinnamon
Hot Water

Want extra nutritious? Extra delicious?

Try RESTORE hot cereal with different fruits. Like strawberries. Blueberries. Apple. Pears... you decide. It's your world!

RESTORE™ Tip

We hope you enjoyed this SUPER nutritious, SUPER delicious drink. Cheers to your health!

Instructions

- 1) Scoop 4 heaping tablespoons of RESTORE Chia into a bowl.
- 2) Add hot water and stir until desired consistency.
- 3) Stir in the jackfruit (or any fruit of your choice) along with the banana, almonds, cinnamon, raisins and honey.
- 4) Get your spoon out. And enjoy!