



		
Prep Time 20 Minutes	Cook Time 10 Minutes	Serves 4

NOTE: To serve more people just increase as needed!

Ingredients

- 1 Cup of Cooked and chilled RESTORE™ Bolivian Quinoa
- 1x Cup of Chopped Mango
- 1/4 Cup of Chopped Walnut
- 1 1/2x Cup of Chopped Mint Leaves
- 2-3x Tablespoon of Coconut Oil

This recipe requires cooked quinoa. Log on to Restore Malaysia website and learn how to cook quinoa.

RESTORE™ Tip

This recipe is a brain booster because of the Omega-3 in walnuts. If your diet needs more Omega-3, try our RESTORE™ Chia which contains TWICE the amount of Omega-3 found in walnuts, and 8X the omega 3 in salmon!

We hope you enjoyed this SUPER nutritious, SUPER delicious salad. Cheers to your health!

Instructions

- 1) Pour the chilled quinoa into a large bowl.
- 2) Add the mango, chopped walnuts and mint leaves.
- 3) Next, add in the coconut oil.
- 4) Stir all the ingredients together and mix well.
- 5) Grab a spoon. Serve and enjoy!