



MINT PEA QUINOA



Prep Time
20 Minutes



Cook Time
10 Minutes



Serves
4

NOTE: To serve more people just increase as needed!

Ingredients

- 1 Cup of Cooked and Chilled RESTORE™ Bolivian Quinoa (white or tri-colour)
- 1x Spring Onion (finely chopped)
- 1x Green Peas
- 1x Cup of Chopped Mint Leaves
- 1/2 Lemon
- Salt
- Black Pepper

This recipe goes great with cooked quinoa. Log on to Restore Malaysia website and learn how to cook quinoa.

You can use canned green peas for this recipe too. Remember to drain and rinse before use.

RESTORE™ Tip

Want extra nutritious? Extra delicious? Enjoy this dish with a fried egg.

We hope you enjoyed this SUPER nutritious, SUPER delicious meal. Cheers to your health!

Instructions

- 1) Chop the spring onion and mint leaves. Set aside.
- 2) Pour the chilled quinoa into a large bowl.
- 3) Add the green peas, spring onion and mint.
- 4) Next, juice the half lemon and add the juice into the bowl.
- 5) Season with a pinch of salt and black pepper (optional).
- 6) Grab a spoon. Serve and enjoy!